

**Eagleswood
Elementary School**
September 2021



DAILY ALTERNATES:

Chex Cereal & Yogurt
(And Assort. Non-GF Cereals)
PB & J Sandwich



Choose 1 Entrée.
(3 Daily Specials & 2 Daily Alternates for the Month)
Lunch Includes: **Protein** ~ **Grain**
~ **Fruit** ~ **Veggie** ~ **Milk**
Choose at least 3 out of 5 components.
You must choose at least 1 fruit or veggie.
You may take 2 fruit & 2 veggie choices!
Daily Fruit Offerings: Fresh, Cupped, 100% Juice
We Use Whole Grain Products! All Salads Come With a Grain.
Click here to view your lunch account:
www.schoolpaymentportal.com

Monday	Tuesday	Wednesday	Thursday	Friday
<p>MEALS ARE PROVIDED AT NO COST TO ALL STUDENTS! Food Service Director: Michael Simoncini LEH@nsfm.com Phone: 609-500-0279 Milk: Skim Chocolate, Skim Strawberry, 1% White, Lactaid, Almond Milk *Menu subject to change This institution is an equal opportunity provider.</p>			Thursday-September 2	Friday-September 3
Monday-September 6	Tuesday-September 7	Wednesday-September 8	Thursday-September 9	Friday-September 10
<p><i>Happy Labor Day</i></p>	<p>Chicken Nuggets w/ a Biscuit Chicken Caesar Salad Turkey & Cheese Sandwich <u>Sides:</u> Fresh Veggie Of The Day Fresh or Cupped Fruit</p>	<p>Dutch Waffle w/ Breakfast Sausage Chicken Caesar Salad Turkey & Cheese Sandwich <u>Sides:</u> Fresh Veggie Of The Day Fresh or Cupped Fruit</p>	<p>Hot Dog On A Bun Chicken Caesar Salad Turkey & Cheese on a Roll <u>Sides:</u> French Fries Fresh or Cupped Fruit</p>	<p>Pizza Day Cheesy Pizza Chicken Caesar Salad Turkey & Cheese on a Roll <u>Sides:</u> Fresh Veggie Of The Day Fresh or Cupped Fruit</p>
Monday-September 13	Tuesday-September 14	Wednesday-September 15	Thursday-September 16	Friday-September 17
<p>Chicken Nuggets w/ a Biscuit Garden Salad w/ Egg Ham & Cheese Sandwich <u>Sides:</u> Fresh Veggie Of The Day Fresh or Cupped Fruit</p>	<p>French Toast Sticks w/ Sausage Garden Salad w/ Egg Ham & Cheese Sandwich <u>Sides:</u> Hot or Cold "Other" Veggie 100% Fruit Juice</p>	<p>Cheese Burger On a Fresh Bun Garden Salad w/ Egg Ham & Cheese Sandwich <u>Sides:</u> Hot or Cold "Other" Veggie Fresh or Cupped Fruit</p>	<p>Chicken Patty Sandwich Garden Salad w/ Egg Ham & Cheese Sandwich <u>Sides:</u> Starchy Veggie 100% Fruit Juice</p>	<p>Pizza Day Cheesy Pizza Garden Salad w/ Egg Ham & Cheese Sandwich <u>Sides:</u> Fresh Veggie Of The Day Fresh or Cupped Fruit</p>
Monday-September 20	Tuesday-September 21	Wednesday-September 22	Thursday-September 23	Friday-September 24
<p>Chicken Nuggets w/ a Biscuit Chef Salad Tuna Salad Sandwich <u>Sides:</u> Fresh Veggie Of The Day Fresh or Cupped Fruit</p>	<p>Soft Beef Tacos w/ Toppings Chef Salad Tuna Salad Sandwich <u>Sides:</u> Starchy Veggie 100% Fruit Juice</p>	<p>Pizza Crunchers Baked w/ Sauce & Cheese Chef Salad Tuna Salad Sandwich <u>Sides:</u> Hot or Cold "Other" Veggie Fresh or Cupped Fruit</p>	<p>Chicken & Waffles w/ Syrup Chef Salad Tuna Salad Sandwich <u>Sides:</u> Hot or Cold "Other" Veggie 100% Fruit Juice</p>	<p>Pizza Day Cheesy Pizza Chef Salad Tuna Salad Sandwich <u>Sides:</u> Fresh Veggie Of The Day Fresh or Cupped Fruit</p>
Monday-September 27	Tuesday-September 28	Wednesday-September 29	Thursday-September 30	
<p>Chicken Nuggets w/ a Biscuit Chicken Caesar Salad Turkey & Cheese Sandwich <u>Sides:</u> Fresh Veggie Of The Day Fresh or Cupped Fruit</p>	<p>Popcorn Chicken Bowl Over Mashed Potato Chicken Caesar Salad Turkey & Cheese Sandwich <u>Sides:</u> Hot or Cold "Other" Veggie 100% Fruit Juice</p>	<p>Dutch Waffle w/ Breakfast Sausage Chicken Caesar Salad Turkey & Cheese Sandwich <u>Sides:</u> Hot or Cold "Other" Veggie Fresh or Cupped Fruit</p>	<p>Hot Dog On A Bun Chicken Caesar Salad Turkey & Cheese Sandwich <u>Sides:</u> Starchy Veggie 100% Fruit Juice</p>	